



Parque Rural Anaga

GENERAL INFORMATION

Surface: 14.418,7Has.

Height: 0 - 1024 m. (Cruz de Taborno)

Municipality: Santa Cruz de Tenerife, La Laguna and Tegueste.

Population: 2.000 inhabitants.

Ecosystems or Habitats: : Arid coastal zones, cardonal-tabaibal, monteverde, fresh water communities, ravines and coastal cliffs.

Observations: There are three Nature Reserves in Anaga's Rural Park: El Pijaral, Ijuana and Roques de Anaga.

MAP LEGEND

- Road
- Track
- Footpath
- Temporarily not recommended path
- Self guided walk
- Visitors Centre
- View-points
- Recreative areas
- Bus-stop
- Church
- Restaurants
- Chemist's shop
- Lighthouse
- Petrol Station
- Youth Hostel Montes de Anaga
- Tunnel
- Shop

1000 0 1000 2000 metros



Parque Rural Anaga



Anaga's spectacular scenery is the result of the action of erosive forces over a volcanic territory, originated in a period of intense eruptive activity that began around 6.5 million years ago. The erosive dismantling of the land has created an immense net of ravines and left uncovered numerous dikes and spouts, witnesses of ancient volcanic emissions.

Due to its altitude and orientation, Anaga is benefitted by the influence of the humid North-East trade winds (Alisian winds) that condition the existence of a humid and rainy habitat on high grounds, in clear contrast with arid coastal zones, of high exposure and scarce pluviometry. This diversity of habitats favours settlements of vegetation communities.

Amongst Anaga's natural habitats you'll find some of the best manifestations of the Canary Islands ecosystems. Laurisilva woodlands on their summits, Sabinars as the one from Afur, Cardonales-Tabaibales from the eastern side of the massif, small pine enclaves and fresh water communities like the one in Barranco de Tamadiste, stand out due to their good state of conservation.

WELCOME TO ANAGA'S RURAL PARK

Situated to the north-east of the island of Tenerife, Anaga's mountains offers the visitor the opportunity to enjoy a singular landscape, as a result of a long and harmonious co-existence of human beings, with a rich and diverse natural environment. The misty woodlands of its peaks, the numerous rocks, the dispersed hamlets and specially, the ancestral system of stepped cultivation sculpted on the hillsides of the ravines, are some of the elements that give this landscape its real identity.

We hope that the following recommendations and suggestions will help you towards a better orientation during your visit, and will allow you to fully enjoy the natural and cultural richness of Anaga, its itineraries and view-points, its flora and fauna, its hamlets, its gastronomy, costumes and traditions.



WHAT IS A RURAL PARK?

In general, it's about an area of great scenic interest where there is co-existence of important ecological processes with activities of traditional character, agricultural, livestock or fishery, forming a relevant cultural heritage.

Anaga gathers all these requirements, and due to that it was declared a protected natural environment in 1987, with the status of Natural Park, to be later reclassified as Rural Park, a category that nowadays holds.

The Macizo de Anaga Biosphere Reserve was approved in June 2015. It covers land and sea, and includes the Anaga Country Park and the Integrated Nature Reserves of Ijuana, El Pijaral and Roques de Anaga within its borders. The declaration of Biosphere Reserve contributes to the enhancement of a region of great environmental, historical and cultural importance.

HOW IS THIS ENVIRONMENT MANAGED?

Rural Parks are classified under a legal document that is denominated Managing Plan for Use and Promotion. This provides the necessary margin to guarantee the use of its resources, and at the same time allows to impulse and promote those actions that will better the quality of life of the local settlers. With this purpose in mind, the rural park has at its disposal a Promotion Office that allows the getting together and collaboration of the promoters of the environment and its inhabitants.

Logically, the conservation of the park implies some rules and limitations with regards to its use and enjoyment. Their fulfilment is the best way of collaboration with the promotion and conservation of this unique landscape. Please respect them.

If you require more information or would like to make any suggestions, do not hesitate to contact any of the park's personnel; assistance will help to better the managing of this protected environment.

RECOMENDATIONS FOR YOUR VISIT

To help us to preserve this protected area:

- Take your rubbish and waste with you, or take it to any of the provided containers you will find on your way.
- Take special care of cigarette ends, the create permanent rubbish and can be the cause of unintentional forest fires.
- Our ecosystems are very fragile. Do not collect plants, animals or any other element from the environment.
- Avoid unnecessary noise. Respect the tranquility of the place.
- Walk on existing walkways. Do not open new routes.
- In case you want to light a fire, use only areas provided for it.
- Take advantage of your visit and try the local products. Enjoy them.
- Respect the properties, customs and the privacy of the local population.

For your own security

- Don't hike alone and take warm clothing with you. Remember the terrain is abrupt and is frequently foggy.
- The Park's roads are narrow and winding. Respect the speed limits.
- Anaga's beaches are open sea with strong currents. Be cautious when swimming.
- Don't forget to fill your petrol tank outside the park. The nearest petrol stations are in Valleseco and Las Canteras

TELEPHONE NUMBERS OF INTEREST

Emergency Line: **112**
Park's Promotional Office: **922 23 90 72**
Ranger **922 69 03 77**
Information Guaguas(bus service): **922 53 13 00**
Youth Hostel "Montes de Anaga":.. **922 69 02 34**
Anaga Shop:..... **922 26 42 12**
Visitors Centre:..... **922 63 35 76**
Email: **cvisitantes@tenerife.es**



If you have any suggestions anagacuenta@tenerife.es
☎ 922 63 35 76

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DISCOVER ANAGA

ANAGA'S CULTURE AND TRADITIONS

Some places of interest.

De las Nieves Church (Taganana): Built in 1505, it encloses a valuable Triptych from the Flamenco school of the XVI century.

El Portugal district (Taganana): It stands out due to its traditional Canary architecture of great heritage value.

Punta de Anaga Lighthouse (Roque Bermejo): Built in 1863 and recently automated, it joins up with a small pier via a twisting pebbled path.

Scattered all over the region you will find cave-houses. These are primitive dwellings dug-out from the rock, of which stand out the ones of Afur, Taborno, Roque Negro, El Batán and specially in Chinamada.

Handycrafts.

In Anaga, the handicraft techniques have been passed down from one generation to another, although in present days these practices are being lost, remaining mainly in the Taganana area. Traditionally, the more relevant handicraft activities have been the osier and palm wickerwork, the manufacture of anea rope, manual weavers, the rosettes, drawn thread works and bobbin lace.

Gastronomy and local products.

Amongst the most typical dishes that stand out for their home made preparation are fish, goat and rabbit meat, papas arrugadas, puchero (Stew), escaldón de gofio, and chickpeas. Also bread and the traditional milk buns from Taganana are characteristics proper to the region, belonging to the Denominación de Origen Tacoronte-Acentejo. The blackberry wine deserves a special mention due to its medicinal properties of which exist written references from ancient times.

Also stand out the soft goat cheeses that are manufactured traditionally and a great number of local varieties of potatoes, as well as the sweet potatoe, the yam and other fruits and vegetables cultivated in lesser quantities.

For more information about Heritage and resources of Anaga Rural Park, you could purchase the guide "Travesía por Anaga".

ITS SERVICES

Visitor Center. Located on the Cruz del Carmen, this centre shows an audio-visual short and a permanent exposition regarding the park and has at its disposal specialized personnel that can help you with more information. Open everyday from 9:30 am until 16:00 pm

Recreative areas. Tables, stoves and water are available. You may find them on the map. Llano de los Viejos and La Quebrada. There is a booking service available

Lodgings. The "Montes de Anaga" Youth Hostel is located in the area of The El Bailadero, a three-storey building that can sleep up to forty people.

Public Transport. All of Anaga's village settlements have a "guagua" service available. Inform yourself about timetables and combinations.

Anaga Shop. Products and services of the rural park Open every day from 09:00 to 16:00

ITS ITINERARIES

Self guided walk.

1. Cruz del Carmen-La hija cambiada
2. Cruz del Carmen - Llano de los Loros
3. Roque Negro - The washing area
4. El Batán - Cueva del Lino
5. Taganana - The old town

Circuits by car

1. Las Mercedes - Cruz del Carmen - Las Carboneras - Chinamada - Taborno - La Laguna.
2. Las Mercedes - Cruz del Carmen - Roque Negro - Afur - La Laguna.
3. San Andrés - El Bailadero - Lomo de las Bodegas - La Cumbrilla - Chamorga.
4. San Andrés - Taganana - Almáciga - Benijo - El Draguillo.
5. Las Mercedes - El Batán - Beja - Pedro Alvarez.
6. Igueste de San Andrés - San Andrés - Mª Jiménez - Santa Cruz de Tenerife.

Some recommended footpaths.

PR-TF 1 Las Mercedes – Cruz del Carmen.
Difficulty: Low **Duration:** 1,5 Hours

PR-TF 2 Valleseco - Pico del Ingles - Taborno.
Difficulty: Middle **Duration:** 4,5 Hours

PR-TF 2.1 The Alternative El Frontón.
Difficulty: Low **Duration:** 20 Minutes

PR-TF 3 Casas de La Cumbre - Valle Brosque - Casa Forestal.
Difficulty: High **Duration:** 5 Hours

PR-TF 4 El Bailadero – Taganana.
Difficulty: Middle **Duration:** 2 Hours

PR-TF 4.1 Mirador de Amogojé - Almáciga
Difficulty: Middle **Duration:** 1 Hour

PR-TF 5 Igueste de San Andrés-Chamorga
Difficulty: Middle **Duration:** 5 Hours

PR-TF 5.1 Igueste San Andrés - El Semáforo
Difficulty: Middle **Duration:** 3 Hours

PR-TF 6 Chamorga – Roque Bermejo – El Draguillo.

Difficulty: High **Duration:** 7,5 Hours

PR-TF 6.1 Chamorga - Faro de Anaga
Difficulty: Middle **Duration:** 1,5 Hours

PR-TF 6.2 Playa del Roque - Benijo - El Draguillo.
Difficulty: Low **Duration:** 2,5 Hours

PR-TF 6.3 Benijo - Cruz del Draguillo
Difficulty: Middle **Duration:** 1,5 Hour

PR-TF 8 Afur - Taganana.
Difficulty: High **Duration:** 9 Hours

PR-TF 9 Las Carboneras – Afur.
Difficulty: Middle **Duration:** 3 Hours

PR-TF 10 Cruz del Carmen - Chinamada - Punta del Hidalgo.
Difficulty: Middle **Duration:** 4 Hours

PR-TF 10.1 Las Escaleras - Las Carboneras - Chinamada
Difficulty: Low **Duration:** 1,5 Hour

PR-TF 11 Cruz del Carmen-El Batán-Punta del Hidalgo.
Difficulty: Middle **Duration:** 5.Hours

PR-TF 12 Cruz del Carmen – Bajamar.
Difficulty: Middle **Duration:** 4,5 Hours

PR-TF 12.1 The Alternative Tegueste
Difficulty: Middle **Duration:** 3 Hours

PR-TF 12.2 The Alternative Pedro Álvarez
Difficulty: Middle **Duration:** 2 Hours